

This policy has been written with due regard to the Department for Education's 'Guidance for Personal, social, health and economic (PSHE) education' (Published 11 September 2013) and also incorporates SEAL materials.

### **The Guidance states;**

*'Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education.'*

Although PSHE is a non-statutory subject schools are expected;

*'to use their PSHE education programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.'*

This policy links closely with school policies on:

- Drugs Education
- Sex and Relationships Education
- Science
- Behaviour
- Bullying
- Collective Worship
- SMSC
- Equal Opportunities
- Emotional Health

### **What is PSHE?**

PSHE encompasses all areas designed to promote children's personal, social and health development. It gives children the knowledge, skills and understanding that they need to stay healthy and safe, develop worthwhile relationships, respect differences, develop independence and responsibility, make the most of their own abilities and those of others. It is very closely linked with S.M.S.C., and encompasses our work within S.E.A.L.

### **What is S.E.A.L.?**

SEAL is a teaching programme (social and emotional aspects of learning) which will help the children in their personal, social and emotional development. Each term we will teach a topic

across the whole school. These topics will be divided to suit our 2 year rolling programme;

#### Year A

- **Good to be Me (Autumn Term)**
- **Getting on and Falling Out – (Spring Term)**
- **Changes – (Summer Term)**

#### Year B

- **New Beginnings- (Autumn Term)**
- **Going for Goals – (Spring Term)**
- **Relationships –(Summer Term)**

There will also be another topic taught during the school year called **Say No to Bullying.**

SEAL will help children to develop self-awareness, motivation, social skills and managing their feelings. These skills will help our children to become better learners, get on better with other people and be responsible citizens. They are part of every area of life.

### **Aims of PSHE at Beckstone Primary School**

Our school mission statement reflects what we hope to achieve in PSHE.

We want our children to develop self-awareness, positive self-esteem and confidence, enabling them to,

- stay as healthy as possible
- keep themselves and others safe
- have worthwhile and fulfilling relationships
- respect the differences between people
- develop independence and responsibility
- make the most of their own abilities and those of others
- behave in a socially and morally acceptable way including towards authority and each other
- to become involved in the life of their community
- to know about economic wellbeing.

We want our children to: -

- value the achievements they make, and the achievements of others

- make informed choices about dealing with risks and meeting challenges now and in the future.
- decide on values by which they want to live their lives.

### **Delivery of Curriculum**

A range of teaching strategies will be used as appropriate. These will include:

Circle time, role-play, discussion – whole class, small group, 1:1, visitors e.g. PC, Fire Brigade, School Health Advisor etc., stories e.g. exploring behaviour of characters, creative activities, and pupil initiated activities.

There will also be opportunities during collective worship e.g. stories and discussion, Achievers Assembly. In the Foundation Stage, it is taught holistically, as one of the prime areas of learning and in circle time and P4C (Reception only) sessions.

Teachers will choose the method most appropriate for their whole class to meet the objectives of the lesson. **All classes use circle time and family groups to promote and discuss issues within PSHE.** The elected school council are actively involved in promoting PSHE, as are the Year 6 Buddies.

### **Cross Curricular links**

Links are made with PSHE in other curriculum areas as appropriate e.g. R.E., P.E., science, geography and in topic planning. Also in whole school events such as Multi-Cultural week, Anti-Bullying week, My Money week, Road Safety week and E-Safety week.

### **Assessment**

Children's understanding, knowledge and skills are assessed through observation, discussion and questioning and participation in groups. Children will be involved in self-assessment e.g. talking about their own experiences and in special assemblies celebrating achievement.

Children will be rewarded in line with school policy e.g. Golden Time, stickers, certificates in Achievers Assembly and in the SEAL feedback assembly.

Teachers will be able to discuss progress made by their pupils. General comments about PSHE will be included in annual reports to parents.

### **Teaching PSHE to children with special needs**

We teach PSHE to all children regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with additional needs through School Support and Educational Health Care Plans.

For gifted and talented pupils teachers will provide additional opportunities to take responsibility, develop leadership skills, think creatively and use their talents for the good of the class or wider community.

### **Monitoring and Evaluation**

Planning and samples of work, including photographs, questionnaires and interviews with children, will be collected by the PSHE co-ordinator on a termly basis and kept in the PSHE file or in the S.E.A.L 'scrapbooks'.

Foundation Stage pupils will be assessed in line with baseline assessments and Foundation Stage profiles.

There is a named governor responsible for PSHE and Debbie Cook, our Educational Support Manager, has responsibility for pupil's emotional and well-being needs. The PSHE team work closely to ensure that our aims are being met.

When budget allows, staff will attend courses etc. to keep up-to-date with developments. The PSHE co-ordinator will pass on to staff any further information as it becomes available and will attend any future training courses for this subject, disseminating information as appropriate.

### **Equal Opportunities***(see the Equal Opportunities Policy)*

Provision for PSHE is in line with all of our policies. All children have equal access to PSHE and developmentally appropriate materials. Delivery will be differentiated appropriately. Resources etc. are sensitive to the needs and backgrounds of the

children and will not reflect gender or cultural stereotypes, and are monitored annually to ensure sensitivity.

### **Parental and Community Involvement**

We work closely with the local church, and have strong links with the vicar. We involve outside agencies such as School Health Advisors, PCSO, dental health advisors and the Life Bus.

This school believes that partnership with parents and the community enables us to receive specialist support and information to plan the best possible PSHE for our children.

Michelle Pike (Co-ordinator)

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# PSHE Policy

