

Prepare for the return to school with Mentally Healthy Schools

Although some children have returned to school already, for many, the new autumn term will be their first time stepping into a classroom since lockdown began. Understandably, this may be a strange or worrying time for some children, parents and carers, and schools.

Mentally Healthy Schools is a primary school website that has produced a new [toolkit of resources for schools and families](#), all focused on making sure the return to classrooms in the autumn is a mentally healthy one.