

KS1 PSHE Skills and Knowledge	Experience 
CONFIDENCE AND RESPONSIBILITY Recognise what is fair/unfair, right/wrong, kind/unkind and use this decisions. Recognise that all living things have needs and we have responsibility to meet them,	DEMOCRACY RULES WEEK YR A SPRING
RELATIONSHIPS AND RESPECT & CARING FRIENDSHIPS Understand healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded. Know the practical steps we can take in different situations and places to improve or support respectful relationships	KIDSAFE PROGRAMME AUTUMN Key stage / DW Assemblies DEBBIE'S CIRCLE TIME ANTI BULLYING WEEK
VIEWS AND OPINIONS Share views and opinions on things that matter to us, beginning to provide evidence to support their view.	LITERACY WORK
COLLABORATION & CARING FRIENDSHIPS Know how important friendships are in making us feel happy and secure, and how people choose and make friends. Play and learn collaboratively developing strategies which solve simple arguments through negotiation	BUDDY SYSTEM PEER WORK BEHAVIOUR POLICY
GOALS Talk about things we are good at and what they find difficult. Identify a simple goal and talk about how to achieve it.	SPRING KEY STAGE / DW ASSEMBLES
FINANCIAL UNDERSTANDING Have some idea of how much everyday items cost and understand the terms "spend" and "save"	SPRING KEY STAGE / DW ASSEMBLES FAIRTRADE
HEALTH AND HYGIENE Explain why exercise and rest contribute to a healthy lifestyle. Recognise what they like and don't like and how choices have effects on health.	HEALTH WEEK
DIVERSITY & RESPECTFUL RELATIONSHIPS Know the importance of respecting others, even when they are very different from us, either in how they look, behave or where they come from or if they make different choices or have different preferences or beliefs.	DEBBIE'S CIRCLE TIME SUMMER KEY STAGE / DW ASSEMBLES
RELATIONSHIPS AND FEELINGS & FAMILIES AND PEOPLE WHO CARE FOR ME Know that families are important for us growing up because they can give love, security and stability. Manage feelings in a positive and effective way. Learn about loss, change and the feelings involved in those situations	SUMMER Key stage / DW Assemblies DEBBIE'S CIRCLE TIME
CITIZENSHIP Identify and describe characteristics that make a good citizen. Identify how the local environment can be harmed or improved.	DEM RULES WEEK FAIRTRADE WEEK CHARITY DAYS HARVEST FOODBANK DONATIONS SIGN TO SING
PERSONAL SAFETY, RESPECTFUL RELATIONSHIPS & ONLINE SAFETY Recognise some dangerous situations out of school grounds (e.g. crossing the road, talking to strangers) Understand the difference between secrets and surprises and that people's bodies and feelings can be hurt Understand the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe Know that people sometimes behave differently online, including by pretending to be someone they are not. Understand that the same principles apply to online relationships as to face-to face relationships, including the importance of respect for others online including when we are anonymous.	KIDSAFE PROGRAMME ROAD SAFETY WEEK Autumn NSPCC ASSEMBLY Autumn
EMOTIONAL WELL BEING Understand that resting and relaxing contributes well being Know that they share responsibility for keeping themselves and others safety and respond to their feelings and those of other's	AUTUMN Key stage / DW Assemblies DEBBIE'S CIRCLE TIME HEALTH WEEK KIDSAFE